

The Sampler

Co-Editors
Barb Stein
rstein01@atlanticbb.net
Britt Dolly
abrittd@gmail.com



**NOVEMBER
2015**

Inside this issue:

Christmas Shoeboxes	2
Christmas Food Box	2
Prayer Concerns	2
Fall Fling	3
Youth News	4



From the
PASTOR

Being Humbled

Trust in the LORD with all your heart, and do not rely on your own understanding. In all your ways acknowledge him, and God will make straight your paths. Proverbs 3:5-6

Most of you know that my preferred exercise is swimming. The Hampshire Wellness & Fitness Center has been a special blessing from God.

Last year about this time, I really slacked off with both my knee exercises and swimming. Feeling very tired, I convinced myself that sleeping was more important. When I did get back to the center, I exercised too much and had an excuse not to go back for a week or more.

In the spring, my knee surgeon diagnosed my leg pain as bursitis or tendonitis of the hamstring and suggested ice to help relieve it. I finally started swimming short lengths successfully, adding some more each week. When my continuing education retreat was scheduled in September, I went back to my doctor for a cortisone shot and a prescription for physical therapy to start when I returned. By that time I was swimming a mile easily.

The earliest appointment for physical therapy at the wellness center is 7:30 a.m. After working with the therapist, I would go swim my mile from 8 until after 9 instead of my usual 6:15 to 7:30.

Finally, I am getting to the point of this narrative. Last Friday, I was in the lane closest to the pool wall when the 9 a.m. Aquatic Toning class, a HUGE group, started walking in circles. Until then, my swimming had not been affected.

That day I was very humbled!!!! I could not continue to swim in a straight line! The movement of the water caused by the class kept pushing me against either the pool wall or the lane rope. I finally had to admit defeat and stop after sixty-five lengths rather than the usual seventy-two.

This is the official month for abundant thanksgiving. While I was humbled from my 'I can swim a mile' self-congratulations, I did remember to give thanks to God for the ability to swim as far as I could.

Our Lord and Savior, Jesus Christ, modeled a humble and thankful spirit the entire time he walked on earth. Not just during this month, but every day we should follow his example in all we think, say and do. But when we get proud or even arrogant like I did with my swimming and are being humbled, God will forgive us if we acknowledge our sin and repent.

Come, Ye Thankful People, Come! God, our Maker, doth provide for our wants to be supplied. Let us respond with praise and thanksgiving all the time!

Pastor Barb

ARE YOU GETTING YOUR SHOEBOX TOGETHER ? IT'S NEVER TOO EARLY TO THINK ABOUT SHOEBOXES, SO GET STARTED NOW!



Don't forget to get your items together for your shoebox for the Operation Christmas Child Shoebox Program. This is a great family project. Dedication of the shoeboxes this year will be Sunday, November 15th. Sharing the love of our Savior, Jesus Christ with a child through a warm and loving shoebox filled with items that will bring joy to a child in need of physical and spiritual gifts, will be a generous gift that our Lord will honor. Please do not put any liquid items or chocolate candy in the box. Lip balm or Chapstick is okay, as is gum and hard candies. Please put the candies and gum in a separate Ziploc baggie. When you get your box together; pray for the child that will receive it. If you are unable to donate a box, think about covering the \$7.00 cost of mailing the boxes. You will be blessed.

The **2015 Hampshire County Christmas Food Box Program** is anticipating helping over 250 needy families this year. The distribution day will be **Saturday, December 12th**. The referral form will appear in the Hampshire Review at the beginning of November with a closing date of **Wednesday, December 2nd**. Please mark this date on your calendar. We will be accepting any monetary donations beginning now. Please make your checks out to Romney Presbyterian Church but footnote the check for Christmas Food Boxes. The committee thanks all who will be participating with this worthwhile community project.



Dear Church Family,

We are so appreciative of all the support we have received: all the cards, notes, telephone calls, good wishes and prayers. We miss not being able to be with you each Sunday for worship, and pray we will be with you sometime soon. We will continue to lift you up to the Lord during our prayer time. Thanks again for your love and support.

John and Maggie Mason

PRAYER CONCERNS

Members: Diane Crane, Anne Hill, Pam Eversole-Kizer, Sally Kuykendall, John and Margritt Mason, Beulah Mayhew, Barbara and John Pancake, Joe Pancake

Missionary Support: Mark Hare in Haiti and Krista Van Nostran in El Salvador

Our Congregation extends its deepest **Christian sympathy** to family and friends of Lydia Walker.

Also: John Bowers, Dona Brown, Cheryl Buck, Boyd Corbin, Elsa Culler, John Duncan, Sr., Philip Henry Farrell, Linda Giles, Karina Gray, Harriett Griffith, Dorothy Guinier, Vicki and Carol Haines, Mary Alice Bonar Hannah, Shirley Heaven, Tilden Hunt, Junior Kuykendall, Alma Lear, Laura LeRoy, MaryLou Mezzatesta, Dee Orndorff, Lexi Orndorff, Charlie Parsons, Maria Reppert, Choloe Rexroad, Rusty Rice Landon and Nolan Rinker, Steven Rogers, Royce Saville, Tom Stump, Michael Terry, Joshua Wagner, Grant Walls, Linda Willows, Addie Wood

Please provide the church office with updates when available to keep this list as current as possible.

Encourage those who are struggling. Don't know what to say? Then open your Bible. "For everything that was written in the past was written to teach us, so that through endurance and the encouragement of the Scriptures we might have hope".

Romans 15:4 NIV





Come enjoy a Fantastic Faith Flight with Jesus as your hero!

Wear a costume- superhero or not- bring a snack finger food to share with pizza provided.

Fall Fling Event

November 1

from 5-7 pm @

Romney Presbyterian Church for children ages 3 to 5th grade

**Sponsored by
the combined youth group of Romney
First United Methodist and Romney
Presbyterian churches**

Youth Feature

Jonathon Coleman is an active member of Romney Presbyterian Church. He is currently in his sophomore year of college at Shepherd University. He is studying under the Social Studies education program while at Shepherd. He really likes the program because it is a very in-depth program and he has had many opportunities to get experience in the teaching field already. In his freshman year he was able to tutor young adults in several subjects as part of the program. Jonathon hopes to graduate college in two years and either continue his education in graduate school or find a job in the field.

While in college, Jonathon is employed as a Resident Assistant in his residence hall at Shepherd. He says his job is a unique experience because his hall is a mix of upper and underclassmen. Being an RA entails making sure the residence hall has a sense of community and a “home” feeling. He must also plan programs for the residents that are educational and fun, as well as to make sure people follow the rules. He says it feels great seeing so many residents enjoying themselves in the lobby. The best part of his job is that he gets to meet new people and be creative.

This summer, Jonathon was a community coordinator at Romney Elementary for Energy Express. Energy Express is a summer reading and nutrition program where children are engaged in learning throughout the summer and it keeps them fed. His job as a community coordinator was to reach out to the community and let them know about the program. He also looked for volunteers and asked for donations. He says that parents have told him how much Energy Express has helped their children academically, and he plans to continue his participation in the program in the future. He thoroughly enjoyed the program and enjoys his job as an RA and his schooling at Shepherd University as well.

POWER OF PRAYER Into Our Lives — Shenandoah Middle School Rally



Kaitlyn Hartman and Amelia Hicks attended the Shenandoah Middle School Rally, on Sunday, September 27 in Massanetta Springs at Camp Massanetta. Jenna Smith and the SPYCE teen leaders led a fantastic program of praise, fellowship, games, small group discussions and worship. The Theme: PRAYER, Inc.—incorporating the power of prayer into our



lives was evident in every activity. During the worship service, prayer requests were placed in balloons and blown up and tied. Then we volleyed the balloons back and forth to each other until they were so mixed up we didn't know whose was whose. When we stopped and grabbed just one balloon, we popped it and prayed for that person's request. For our offering, we wrote our praise (s) on slips of paper and placed them in the offering bowl. Mrs. Gayle Allen accompanied the group and participated in the adult small group, but took pictures during some of the other activities.



Romney Presbyterian Advent Celebration

Who: Everyone

Where: Fellowship Hall

Time: 4:00 pm – 6:00 pm

Date: Sunday, November 29, 2015

Food: Bring your favorite snack food.
The Christian Education committee
will provide drinks, paper products,
and pizza.

What: We will put up the Christmas tree,
make decorations, eat and have fun!

Hope to see you there!

Romney Presbyterian Church
100 West Rosemary Lane
Romney, WV 26757



Return Address Requested

The Sampler
November 2015

Back issues of the Sampler are available on our Website www.romneypresbyterianchurch.org.
Church Office Phone—304-822-5083 Email-office@romneypresbyterianchurch.org